Getting it Right for Early Years

Scottish Pre-school Play Association
Conference, Annual General Meeting and Exhibition
Thursday 11 November 2010
Our Dynamic Earth, Edinburgh
SPPA’s National Early Years conference continues to grow in its appeal as a challenging, updating and sharing day, with first class speakers sharing their experience and best practice with delegates from across the country. The conference theme has an emphasis on Getting it Right for Every Child (GIRFEC). This programme aims to improve outcomes for children by promoting an approach that builds solutions with and around children and families. It enables children to get the help they need when they need it; supports a positive shift in culture, systems and practice; and involves working together to make things better. This year’s conference will demonstrate how pre-school providers and parents can give their children the very best start in life.

There is also an opportunity for SPPA members to participate in the AGM providing members with a voice in the governance of their Association. We look forward to welcoming you to Edinburgh.

**Who the conference is aimed at:**
- early years specialists, managers and practitioners
- management committees, Sure Start co-ordinators, development workers
- health professionals, policy makers
- MSPs and Scottish Government officials
- childcare partnerships
- Education and Social Work staff
- nursery and childcare providers
- childcare students
- community planning partnerships.

**This is a Continuing Professional Development Conference.**

**General Information**

**Venue:** Our Dynamic Earth is located in the Holyrood area of central Edinburgh near to the foot of the Royal Mile adjacent to the Scottish Parliament and the Palace of Holyrood House. It is easily accessible by train, Edinburgh Waverley is the closest station. Our Dynamic Earth has an underground car park.

**Accommodation:** Edinburgh has a wide range of accommodation to suit every budget. For details of overnight accommodation contact Visit Scotland, telephone number 0845 225 5121 or log on to www.visitscotland.com or www.edinburgh.org/accom/

**Registration:** To register for this conference, please complete the booking form, detach and return no later than 4 November 2010. It is advisable to return the form as soon as possible as the numbers are restricted. Further information will be sent to each delegate on receipt of the completed booking form.

**Exhibition**

A wide range of pre-school related stalls will be available for you to look around and purchase from. Exhibits will include toys, crafts, play equipment, books and displays from a range of pre-school and related organisations.

Step by Step our approved supplier of early years equipment will be giving 20% discount on any resources bought from their stand on the day. Any orders placed at the conference will receive their exclusive 10% SPPA member discount and will be delivered free! SbS will also be giving away a FREE mystery gift – simply visit the SbS stand to collect your gift.

**Four great reasons to attend:**
- An opportunity to hear current information and update your knowledge
- Learn about and share best practice
- Take away practical information which can be applied to your work setting
- Meet and network with other practitioners
Session Content

Foundations of flourishing: young people’s well-being
Dr Carol Craig - Chief Executive, Centre for Confidence and Well-being
Young people’s well-being is increasingly becoming an issue and evidence suggests that the well-being of youngsters in the UK is the lowest in the developed world. Dr Carol Craig will outline what the Centre for Confidence and Well-being sees as the major barriers to well-being and the role that parents, educators and social services can play to remedy the situation. Carol will focus on the importance of resilience, physical exercise, values and the role of early years in laying the foundations of a flourishing life.

Investing to get it right for every child
Alan Sinclair - Visiting Fellow, The Work Foundation
Alan Sinclair’s aim is to stop us as a society failing so many children, the theme of the real need to invest in early years will be explored. This investment makes sense for our children, parents and the wider society. Compared to the rest of Europe and the Organisation for Economic Co-operation and Development (OECD) community we are one of the worst countries for child well-being, having a record comparable to ex-soviet satellite states. Mr Sinclair will also cover how to promote early years services and what we should do if we are going to get it right for our children.

Getting it right in the Early Years
Jim Stephen - Head of the Early Years Framework Team, Scottish Government
Getting it right for every child (GIRFEC) is the Scottish Government’s approach to delivering the Early Years Framework and all other policies that impact on children and families. The shared principles of prevention, early intervention and child-centred solutions are now changing culture, systems and processes across children’s services and improving outcomes for children. This presentation will give an overview of the Getting it right for every child approach in the context of early years, give an update on developments around Scotland and give an insight into the important role the third sector has in the implementation of the approach.

Fun @ Work
Gavin Oattes – Owner and Managing Director, Tree of Knowledge
Gavin will deliver an uplifting and informative presentation that will leave you feeling refreshed, re-focused and empowered. He will talk frankly about the challenges we face in education, and in a way that only Gavin can, he will transform these challenges into opportunities. What are the benefits of having a growth mindset? How does our mindset and attitude affect our personal lives and the children we meet with everyday?

Study Sessions/Workshops

Early Years Update
Learning and Teaching Scotland - Member of their Early Years Team
In this session, Learning and Teaching Scotland will provide a national update on current developments across the early years sector. Delegates will find out more about the revised ‘Pre-birth to Three – Positive Outcomes for Scotland’s Children and Families’ guidance and learn about practical materials which support everyone working with our youngest children to bring the guidance to life. The presenter will provide an update on Curriculum for Excellence and the National Assessment Resource. Practical information and signposts to further support will also be shared.

Promoting Emotional Wellbeing in early Years Settings
Molly Page - Early Years Officer, Growing Confidence Project, Edinburgh City Council Children and Families Department
This interactive workshop will explore how early years services can develop an ethos and practice to promote emotional well-being in staff, children and parents. It will explore what is meant by emotional wellbeing and why it is important as well as discussing what are the risk and protective factors which can impact on mental health and behaviour. It will then draw on historical and current research to highlight the central importance of relationships in emotional and social development. This will then be related to practice through discussions about current activity in settings, before introducing the Growing Confidence project holistic model and good practice resource currently being developed for use in Early Years settings.

Healthy Eating in the Early Years
Shelley Tuchewicz - Health Promotion Specialist, Food and Health Early Years, NHS Lothian
This workshop will look at the importance of healthy eating in early years as a current national priority and at the significant benefits of young children adopting healthy eating habits. The effect that eating healthily has on adult health will also be explored. There will be an opportunity for group discussion as well as a practical session looking at sugar, fat and salt.

Getting through the Day - Parenting Skills
John Rogers - Parenting Co-ordinator, West Lothian and Alison Guthrie - SPPA Development Worker
West Lothian offers a range of group-based parenting intervention courses and groups for parents. Many of the interventions are targeted at the more vulnerable parents but they are aware that all parents need support at some stage. West Lothian plans to work with SPPA to deliver “Getting through the Day” and “Stay and Play” parenting courses across the authority.

This workshop will describe the content of these courses, and will also outline the research outcomes achieved. Various aspects of these courses, including listening and playing with our children, using a game for play called “attending” will be explored. Be prepared to play with toys and try out one or two exercises on communication.

WHAT THEY SAID ABOUT LAST YEAR’S EVENT

“A fabulous day. Excellent value for money”

“All speakers good - lots of useful info”

“Another really good conference”
Getting it Right for Early Years

Booking Form

Please photocopy as required

Name .................................................................................................................................

SPPA Membership No. (if applicable) .................................................................

Address ................................................................................................................................

Postcode ...................................... Telephone .............................................

Email ............................................................................................................................... Special dietary or other requirements .................................................................

Delegate Fees

★ LAST YEAR’S PRICES RETAINED! ★

• Full rate (local authorities, public and private sector organisations) £135

• Reduced rate (voluntary sector organisations) £110

• Lower rate (SPPA members only): First delegate £65

• Lower rate (SPPA members only): Second and subsequent delegates* £55

*Please note that for SPPA member groups sending more than one delegate, each extra delegate qualifies for the £55 rate

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Full rate (local authorities, public and private sector organisations) £135

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Choice of Study Session/Workshop

Please tick your first and second choices. Places are allocated on a first come, first served basis.

1st choice 2nd choice

• Early Years Update from Learning and Teaching Scotland

• Promoting Emotional Wellbeing in Early Years Settings

• Healthy Eating in the Early Years

• Getting through the Day - Parenting Skills

AGM Attendance Only

I will be attending the AGM only from 12.30 - 1.00pm Name .................................................................................................

Group Name ................................................................................................................................. SPPA Membership No. ............................

Method of Payment

Cheque (Cheques made payable to SPPA)

Credit Card 

Please debit £ _____________ from my Mastercard Visa Delta Debit Card

Cardholder’s details as displayed on your card bills: Name: .................................................................................................................................

Address ...

Postcode ................................ Date ........

Card Number __________________________

Expiry date (mm/yy) ____________ Security code (last three digits found on the signature strip of the card) ______________________

Signed ................................ Date ........

Terms and Conditions: A 25% administration charge will be applied to any booking cancelled in the period prior to the seven days before the conference. No refunds will be given for any cancellation made within the seven day period prior to the event, but substitute delegates are welcome.

Data Protection: By signing this form you agree to SPPA holding and using your details to tell you about any future events that we feel may be of interest to you. Please confirm that you consent by ticking this box.

Booking forms should be posted, emailed or faxed to: Scottish Pre-school Play Association, 21-23 Granville Street, Glasgow G3 7EE Email: info@sppa.org.uk Tel: 0141 221 4148 , Fax: 0141 221 6043. For more information about the conference, please visit www.sppa.org.uk

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